LUNA DANCE INSTITUTE
creativity • community • change

PROFESSIONAL LEARNING
2016–17
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CREDITS
Photography: Marshall Berman, Lauren Forbus, Michael Ertem, Luna faculty
Design: Teresa Cunniff Design

FUNDING
Funding for Luna’s FREE and low-cost Professional Learning opportunities is generously provided by the Alameda County Arts Commission, Berkeley Civic Arts Commission, Louis L. Borick Foundation, Clif Bar Family Foundation, Clarence E. Heller Charitable Foundation, National Endowment for the Arts, Walter & Elise Haas Fund, William & Flora Hewlett Foundation, and under a contract with the Kennedy Center, VSA.
“I was given permission (even encouragement) to experiment and make mistakes. To discover who I am as a dance artist and teacher. To follow my own curiosity versus someone else’s idea of what good dance teaching is.”

– Workshop Participant
PROFESSIONAL LEARNING (PL) at Luna Dance Institute fulfills our mission to bring all children to dance by supporting all who teach

• to improve teaching practice
• to maximize creativity in all dance curricula
• to establish collegial communities of practice centered around dance learning
• to develop dance education leadership
• to strengthen self-efficacy and change agent efforts in the fields of dance and education.

We seek to address the needs of our society by increasing capacity for imagination, awareness and connection of body-mind through the art of dance. Luna has placed the artist/teacher partnership at the center of all PL since our first workshop in 1994. Through diverse perspectives, new knowledge is co-constructed and the potential of dance to lead social change becomes palpable.

Luna’s PL faculty members, teaching artists in their own right, understand the challenges of arts education in today’s schools, as well as the unique struggles of implementing dance. We provide multiple points of entry for new and veteran dance teaching artists, classroom teachers, dance specialists, performing artists, physical education teachers, speech and occupational therapists, social workers, college professors, administrators and arts leaders.

Find what is right for you on pages 10–12.
FOUNDATIONS, INSTITUTES, CONTINUING EDUCATION

FOUNDATIONS SERIES
This four-part series charts the course of standards-based dance teaching proficiency from a critical theory perspective. LDI certification requires completion of the entire series within 2 years.

DEVELOPING & IMPLEMENTING DANCE CURRICULA-A
Luna’s entry point for all teachers of dance, this first course in our 4-level foundations series covers elements of dance (both H’Doubler and Laban); structuring discrete dance lessons aligned with National Core Arts Standards; integrating dance across subject matter; human development theory infants-to-adults; observation and instructional methods. No prerequisite. Offered as week-long intensives August 1-5, 2016, 9am-5pm and July 31-August 4, 2017, 9am-5pm. Offered as a semester-long course January 31-May 2, 2017 on Tuesday evenings, 6-9pm. $525

DEVELOPING & IMPLEMENTING DANCE CURRICULA-B
Continuing from DIDC-A, DIDC-B investigates the role of the teacher in creating, implementing and sequencing dance curricula aligned with National Core Arts Standards using backward and forward design and embedded assessment. Course content includes choreographic tools, principles, structures and forms; critical pedagogy, constructivism and other learning theories; deeper understanding of elements of dance and human development. Prerequisite: DIDC-A or SI. Offered as a semester-long course August 29-December 5, 2017 on Tuesday evenings 6-9pm. $525

CURRICULAR PROGRESSIONS
Explore the full scope and sequence in dance learning from unit-to-unit, year-to-year. Content includes deepening skills of observation, reflection and critical thinking; assessment; advocacy. Participants learn to teach choreography from phrasing to group forms, using structures and principles of design. Prerequisite: DIDC-B. May be repeated. Offered August 7-11, 2017, 9am-5pm with 2 follow-up Saturdays in January and May, 2018. $525

REFLECTIVE PRACTICE
Reflective Practice is a core tenet of Luna’s teaching values and is integrated into all PL workshops. It is offered in alternate years as a discrete half day workshop. Teachers practice observing clearly, explore the art of the question, and strategize ways to engage students in reflecting on their creative process and products. Prerequisite: any prior PL experience at LDI in the past 3 years. Offered March 14, 2017, 6-8pm. $75

ALL PL ACTIVITIES HELD AT LUNA STUDIO,
605 ADDISON STREET, WEST BERKELEY
SUMMER INSTITUTE

Now in its 16th year, Luna’s nationally-acclaimed Summer Institute offers the most extensive individualized Professional Learning for dance teaching professionals. Course content includes all found in DIDC-A and builds collegial partnerships to bring dance learning to life. 7 full days in summer, mid-year reunion meeting, year-long coaching and final Gallery Walk are required components. Offered at no cost to 12 individuals through a competitive application process.

ADVANCED SI/LEADERSHIP INSTITUTE

SI alumni who have completed DIDC-B have the opportunity to dive into new levels of responsibility, collegiality, mentoring, program design or more. LDI coaches work with each participant individually throughout the year, incorporating emergent common themes into a 4-day seminar held alternate years (12-18 month process). Offered at no cost to 6 participants selected through a competitive application process. Leadership Cohort 2 completes by summer 2016, stay tuned for details about how to apply for Cohort 3.

FAMILY DANCE INSTITUTE

An in-depth exploration of relationship-building through the art of dance. Course content includes attachment theory, early development theory (0-5 year olds), brain research and neurological patterns, play theories, and working with parents. Teaching artists, early education teachers, therapists, dance educators, parents and social justice workers learn to create engaging dance curriculum that fosters trust and connection. No prerequisite. January 4-6, 2018, 9am-5pm. $525

DANCE & THE BRAIN*

Explore the confluence of play, movement and relationships, and its effect on creativity and well-being in this unique symposium. Neuroscience supports the importance of connections and movement to development and learning. Research on creativity reveals "surprise" findings that align with the benefits of dance education: high correlations between creativity and collaboration, empathy and self-efficacy. Day-length event includes movement workshops, speakers, breakout sessions.

DANCE EDUCATION FORUM*

This community roundtable brings together artists and educators to discuss and share the promises and pitfalls of creating, developing and sustaining high quality dance education practices. Forum themes emerge based on current issues in dance education. No prerequisite. FREE

*These inquiry-based seminar events are offered regularly every two to three years, and allow us to reveal the complex nature of dance learning and advance our field through deep and dynamic discourse.
FOUNDATIONS, INSTITUTES, CONTINUING EDUCATION

TEACHING AS INQUIRY/CONTINUING EDUCATION

Each year topic workshops are offered to dance teaching professionals to enliven and energize their teaching practice. In 2016-17 we offer:

DANCE & COMMON CORE
Explore the National Core Arts Standards and learn to bravely address the natural affinities of dance and the creative goals of the Common Core. At the same time, critically reflect on the effect Common Core standards and assessments are having on your students, co-teachers and school partners. Dance as Arts Integration is designed to complement this workshop. No prerequisite. September 17, 9:30am-12:30pm. $100

DANCE AS ARTS INTEGRATION
When people think of arts integration they rarely consider dance, although they recognize how dance relates to kinesthetic learning. Discover how dance can support your programmatic goals for arts integration and project-based learning. Dance & Common Core is designed to complement this workshop. No prerequisite. September 17, 1:30-4:30pm. $100

DANCE IN TK
Both early literacy and early numeracy deal with relationships - and relationships can be explored creatively and playfully through movement. Learn how dance reinforces transitional kindergarten curricular objectives in developmentally-appropriate ways. No prerequisite. October 1, 1-4pm. $100

DANCE & DISABILITY: Keeping the Bar High
All children can dance. Luna faculty will share evidence-based teaching in public school preK-8 inclusion classrooms, special ed, and community settings. This half-day workshop provides practical methods, including the Universal Design for Learning Guidelines, for making your dance teaching more accessible for all learners. Make it a full day of learning and join us for the afternoon Dance & Disability Discourse & Panel. No prerequisite. October 15, 12-3pm. $100

HOW TO COMMUNICATE THE VALUE OF DANCE
As dance teachers and advocates we often see and feel the intrinsic benefits of dance firsthand, but are challenged by articulating its value to dance newcomers. Learn how to make creativity and dance learning visible to co-teachers, administrators, and parents with documentation, storytelling, reports, authentic elevator speeches and more. No prerequisite. November 15, 6-8pm. $75
Dance in Early Childhood Education (ECE): Movement, Play & Relationships

This Level 1 full-day workshop explores the use of dance and movement in early childhood and family settings. Participants learn to extend spontaneous dance experiences, facilitate parent-child interactions using dance, integrate dance into emergent curriculum, activate circle time and create stand-alone dance lessons. No prerequisite. December 10, 9:30am-4:30pm. $175

Teaching Community Through Improvisation

Dance has long brought people together in community. Discover movement improv games, activities and scores that will strengthen partner, small group, and whole group relationships while inspiring individual creative potential. Explore lessons that practice mindfulness, empathy, connection, and collective support through dance. No prerequisite, but prior dance experience recommended. January 21, 1-4pm. $100

Spring Guest Workshop: Barbara Mettler Studios – Group Dance Improvisation

Based on the pioneering work of Barbara Mettler, this two-day workshop investigates principles of free movement expression that build from individual exploration to discovering spontaneous satisfying group forms. Topics will include: sensing a movement impulse, organic form, group body movement, the unity of sound and movement. No prerequisite. February 18-19, 9am-4:30pm. $265

Dance in Early Childhood Education (ECE) Level 2

This full-day workshop plunges deeper into creating early childhood and family dance curricula that keeps you, the teaching practitioner, excited and engaged. Application of attachment and play theories, developmental neuro patterns, and embodied parent education will build upon material introduced in Dance in ECE Level 1. Prerequisite: Dance in ECE: Movement, Play & Relationships. March 11, 9:30am-4:30pm. $175

For Classroom Educators Seeking Professional Development (PD) Hours:

All half-day workshops can be combined with the Dance & Disability Discourse & Panel or the Equity in Dance Panel for a total of 5 PD hours. When taken in conjunction with a follow-up Practitioner Exchange, these workshops are 4.5 PD hours.

See page 13 for monthly Practitioner Exchange topics and details.

Dance & Disability Discourse & Panel. Engage in dialogue about teaching dance to students with disabilities with a panel of guest experts. October 15, 3-5pm. FREE

Equity in Dance Panel. Join local artists, educators and social justice leaders in this discussion about race, power and privilege in dance, and how we can make our teaching more inclusive and equitable. February 4, 3-5pm. FREE
WHAT IS RIGHT FOR YOU IN 2016-17?

ENTRY POINTS FOR THOSE NEW TO LUNA

Are you a practicing dance teaching artist or classroom teacher, but have never taken anything with Luna? Start here.

**Developing & Implementing Dance Curricula-A.** A comprehensive entry level course. No prerequisite.

**Family Dance Institute.** Immerse yourself in into relationships and dance. No prerequisite.


**Dance in ECE: Movement, Play & Relationships.** Learn to extend and support children’s natural propensity to learn through movement. No prerequisite.

**Practitioner Exchanges.** Topic-specific peer shares offered the second Tuesday of each month.

ADVANCED STUDY FOR THE COMMITTED TEACHER-LEARNER

Dive deeper into your teaching practice after you’ve taken the basics.

**Dance in ECE Level 2.** Full-day advanced workshop in early childhood dance. Prerequisite: Dance in ECE: Movement, Play & Relationships

**Reflective Practice.** Half-day foundations workshop. Prerequisite: any prior experience with Luna PL.

**Developing and Implementing Dance Curricula – B.** The second level foundations workshop. Prerequisite: DIDC-A

**Curricular Progressions.** The third level foundations workshop. Prerequisite: DIDC-B

**Advanced SI/Leadership Institute.** 12-18 months of coaching and collegiality complemented by a 4 day seminar for a cohort of 6 selected by a competitive application process. Prerequisite: DIDC-B

**Practitioner Exchanges.** Topic-specific peer shares offered the second Tuesday of each month.

**Free Consults.** Reserve a half-hour slot the last Tuesday of each month.

**Library Resources.** Become a library “user” and checkout our books, articles, and research at times convenient to you. Open to the public every Tuesday afternoon.

SEE CALENDAR ON PAGE 19 FOR DETAILS
WHAT IS RIGHT FOR YOU IN 2016-17?

MIXED LEVELS WELCOME TO THESE UNIQUE WORKSHOPS & ACTIVITIES

For new and experienced teaching artists, classroom teachers, practitioners, administrators and community members.

**The Launch.** Start your school year with dance teaching peers at this happy hour. FREE

**Dance & Common Core.** For classroom teachers, administrators and teaching artists. No prerequisite.

**Dance as Arts Integration.** For classroom teachers, administrators and teaching artists. No prerequisite.

**Dance in TK.** For classroom teachers, administrators and teaching artists. No prerequisite.

**Dance & Disability: Keeping the Bar High.** A workshop for all practitioners. No prerequisite.

**Dance & Disability Discourse & Panel.** Conversation with experts in the field. FREE

**How to Communicate the Value of Dance.** Half-day workshop for dance teaching artists, classroom teachers, and administrators. No prerequisite.

**Teaching Community through Improvisation.** Workshop for all teaching artists. No prerequisite, but prior dance experience recommended.

**Equity in Dance Panel.** Discussion with artists, educators, and leaders. FREE

**20 Points of View: A peek into dance-making.** A day-long showcase of the choreographic process. Open to children and adults. FREE

**Dance Element of Time.** A half-day workshop for all practitioners. No prerequisite.

**Practitioner Exchanges.** Topic-specific peer shares offered the second Tuesday of each month.

**Free Consults.** Reserve a half-hour slot the last Tuesday of each month.

**Library Resources.** Become a library “user” and checkout our books, articles, and research at times convenient to you. Open to the public every Tuesday afternoon.
“What was truly remarkable about the SI and what you can’t find anywhere else, is the constructivist format of the intensive. Every lesson was so thoroughly thought out: substantial time for theory, and then equal time to put it into practice.”
– SI Alum
PRACTITIONER EXCHANGES (PX)

Create time & space for peer educators to explore issues of practice. Get inspired! Try out new ideas or perspectives! Ask for help with your challenges. Each month centers on a different topic and exchanges are often paired with workshop offerings as an opportunity to integrate and revisit information throughout the year.

When taken in conjunction with a half-day workshop, PD hours total to 4.5.

Held the 2nd Tuesday of the month, 4:30-6pm. $15-40. Soft-facilitated by SI alumni. No prerequisite.

TOPICS THIS YEAR INCLUDE:

October
Advocacy, Politics & Policy

November
Dance throughout the Curriculum

December
Dance in Middle & High School

January
Enliven Dance in ECE

February
Embodied Parent Education

March
Disability Awareness & Inclusion Practices

April
Dance as Community Building

May
Cross-cultural Dance
Our workshops (WKSHP), Practitioner Exchanges (PX) and other PL events are organized here by topic. Designed to work in tandem, these offerings allow participants to plunge deep into content through different modalities and continue to integrate and revisit learning throughout the year.

Luna’s Foundations Series of DIDC-A, DIDC-B, Curricular Progressions and Reflective Practice is offered in full this year, and can be applied to each of these thematic threads.

**DISABILITY AWARENESS & INCLUSION**

October 15 – Dance and Disability WKSHP: Keeping the Bar High, 12-3pm, $100
October 15 – Dance and Disability Discourse & Panel, 3-5pm, free
February 4 – Equity in Dance Panel, 3-5pm, free
March 14 – PX: Disability Awareness & Inclusion Practices, 4:30-6pm, $15-40
K-12 AND STUDIO TEACHING DANCE CONTENT

September 17 – Common Core WKSHP, 9:30am-12:30pm, $100
September 17 – Dance as Arts Integration WKSHP, 1:30-4:30pm, $100
October 1 – Dance in TK WKSHP, 1-4pm, $100
November 8 – PX: Dance throughout the Curriculum, 4:30-6pm, $15-40
November 15 – How to Communicate the Value of Dance WKSHP, 6-8pm, $75
December 13 – PX: Dance in Middle & High School, 4:30-6pm, $15-40
January 21 – Teaching Community through Improvisation WKSHP, 1-4pm, $100
February 18 & 19 – SPRING GUEST WKSHP: Barbara Mettler Studios, 9am-4:30pm, $265
April 11 – PX: Dance as Community Building, 4:30-6pm, $15-40
May 9 – PX: Cross-cultural Dance, 4:30-6pm, $15-40

DANCE IN EARLY CHILDHOOD & FAMILY DANCE

October 1 – Dance in TK WKSHP, 1-4pm, $100
December 10 – Dance in ECE: Movement, Play & Relationships WKSHP, 9:30am-4:30pm, $175
January 10 – PX: Enliven Dance in ECE, 4:30-6pm, $15-40
February 14 – PX: Embodied Parent Education, 4:30-6pm, $15-40
March 11 – Dance in ECE Level 2 WKSHP, 9:30am-4:30pm, $175
January 4-6, 2018 – Family Dance Institute, 9am-5pm, $525
COMMUNITY EVENTS

The Launch. Start your school year off right with teachers who are as passionate about sharing their art as you are. This little Happy Hour is a fun, empowering momentum and community building event. September 6, 5-7pm. FREE

Dance & Disability Discourse & Panel. Engage in dialogue about teaching dance to students with disabilities. Luna invites a distinguished panel of guest experts to lead this critical conversation. October 15, 3-5pm. FREE

Equity In Dance Panel. The Bay Area is considered one of the nation's most diverse regions, both culturally and artistically. Join local artists, educators and social justice leaders in this discussion about race, power and privilege in dance, and how we can make our teaching more inclusive and equitable. February 4, 3-5pm. FREE

Fieldwork. As a creative inquiry-based organization, Luna is thrilled to host Fieldwork, a forum for artists of all disciplines to meet weekly, share developing works and seek feedback. Led by artist Evangel King, this session culminates in an informal performance. January 8-February 19, Sunday evenings 4-6:30pm. Contact Evangelvangieking@gmail.com for more information and to register.

20 Points Of View: A Peek Into Dance-Making. Our annual day-long open-studio extravaganza. Come see artistry in action as 20 Bay Area choreographers improvise, choreograph, rehearse, perform, seek audience feedback and share their unique art-making processes. Drop in anytime or reserve for field trips. Stay tuned for special birthday additions as we turn 25 this year. April 20, all day. FREE

CPR Safety Course. Become certified in cardiopulmonary resuscitation (CPR) through the American Heart Association, allowing you to teach safely in any setting. June 3, 1-4pm. $110.

CONSULTATIONS

In one-to-one personalized sessions, LDI faculty focuses on your individual concerns about dance education. No issue is too big or too small. Sign up for FREE half-hour sessions the last Tuesday of each month, 3:30-6pm (jperena@lunadanceinstitute.org).

Through our Building Cultures of Dance initiative, LDI is also available for extended contracts to help program managers and arts and education organizations create, plan or assess current or new programs specific to their site.

LIBRARY

LDI has an extensive library of books, articles, videos and research materials on dance, arts education, critical pedagogy, child development, and more. PL participants who have paid the annual user fee may schedule time to work in our library and are eligible to check out books for 3-week periods. Non-users may drop in any Tuesday afternoon 4-6pm and use resources onsite.
REGISTRATION

Registration is available online at lunadanceinstitute.org, or by phone 510.883.1118.

PROFESSIONAL LEARNING USER FEE

A one-time $25 annual user fee is added to all workshop registration, and allows users to participate in Practitioner Exchanges free of charge, check out library books, schedule convenient library times, and sign up for multiple free consultations over the year.

EXTENSION CREDITS

Extension Credits are available for many Luna courses through Mills College’s Dance and Education Departments for a fee. With the expected passage of SB 916, The Theatre and Dance Act, we are in the process of investigating other credit options. Please contact Jochelle Pereña, jperena@lunadanceinstitute.org for more details.

DISCOUNTS

Luna offers a 15% Professional Discount for members of NDEO/CDEA and Dancers’ Group, and a 50% Student Discount for full-time students with an ID.

LUNA’S MODEL PROGRAMS

For more information about Luna’s Professional Learning Programs or our Model Programs (Dance in Early Childhood, School & Community Alliances, MPACT Moving Parents and Children Together, or Studio Laboratory) please visit lunadanceinstitute.org or contact Jochelle Pereña, jperena@lunadanceinstitute.org

“The content was very rich and provocative in the best way.”

– Workshop Participant
“I had been trained as a dancer and as a teacher, but not as a dance teacher. This was what was incredible about the SI experience – it felt like the training I would and should be getting if pursuing a dance teaching credential was possible.”
– Jakey Toor, SI alum & dance teaching artist

“It pushed me to step outside my box. To question what I thought I knew about education and movement. To find my own truths and struggle to reconcile them with my reality. To open my own body in new and unfamiliar ways. To experience what my students experienced.”
– Workshop Participant
## Professional Learning Calendar 2016-17

### 2016

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<th>Date</th>
<th>Event Description</th>
<th>Fee/Details</th>
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<tr>
<td>July 22-28</td>
<td>Summer Institute by application</td>
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<tr>
<td>August 1-5</td>
<td>DIDC-A, 9am-5pm, $525</td>
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<tr>
<td>August 8-12</td>
<td>Leadership Institute by application</td>
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<td>The Launch, 5-7pm, free</td>
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<td>SI Midyear Meeting by invitation</td>
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<td>Teaching Community through Improvisation WKSHP, 1-4pm, $100</td>
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<td>January 31-May 2</td>
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<td>DIDC-B semester long course, Tuesday evenings, 6-9pm, $525</td>
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### A peek of what’s to come in 2017-18:

- October 28: Dance Element of Time WKSHP
- December 2: Dance in ECE: Movement, Play & Relationships WKSHP
- January 4-6: Family Dance Institute
- January 13: SI Midyear Meeting by invitation
- February: Guest WKSHP: Bonnie Bainbridge Cohen (date tbd)
- March 3 OR March 10: Dance in ECE Level 2 WKSHP (date tbd)

...and much more

PX = Practitioner Exchange, WKSHP = Workshop