

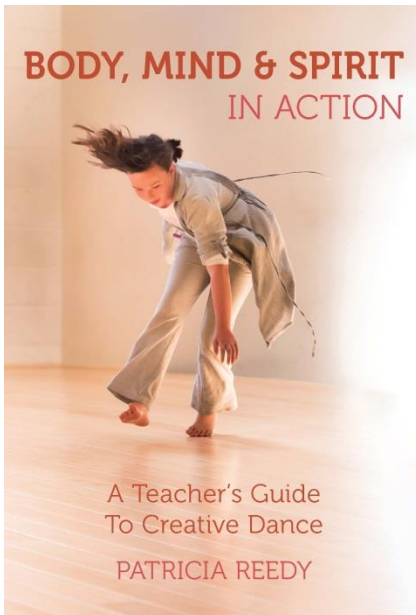
**FOR IMMEDIATE RELEASE: 10 December 2015**

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## **HOT OFF THE PRESS**

*Teachers Guide to Creative Dance Now Available*

**Berkeley, CA:** The long awaited second edition of *Body, Mind & Spirit in Action: a teacher's guide to creative dance* is now available. In its first edition, this popular resource, written by Patricia Reedy, was used by more than 2,000 educators. The new edition includes expanded sections on child development theory, the National Core Arts Standards and strategies to think critically about creativity and the role dance plays in education.



*Body, Mind & Spirit in Action* was originally written in 2003 to accompany Luna Dance Institute's professional development foundations series. Valued by teachers and artists, the first edition quickly sold out. Susan Whipp, Professor Emerita of Dance at San Francisco State University, writes:

*"Patricia Reedy's book is a powerful toolbox to develop skills for creative dance instruction. The reader will find articulated theory and creative process strategies for the youngest child through teenage years. Body, Mind & Spirit in Action not only matched our university's dance major curricula, but helped guide the prospective dance teacher through inspired sample lessons matched with the national dance standards."*

Both editions of *Body, Mind & Spirit in Action* are written in an accessible format that includes reflective exercises for the dance teaching artist or classroom teacher, a process for planning lessons and units, sample curriculum for students of every age, and more. The popular tear-out pages of dance vocabulary words in the back allow teachers to create their own deck of dance cards to use in teaching.

Luna Dance Institute will host a [book signing reception](#) from 5:30-7:30pm on January 30, 2016 at our Berkeley Aquatic Park studio. To RSVP or order a copy of the book contact Nia at [nwomack-freeman@lunadanceinstitute.org](mailto:nwomack-freeman@lunadanceinstitute.org).

Luna Dance Institute is a comprehensive dance education organization dedicated to increasing access to creative expression, strengthening families and improving teaching practice. Our Professional Learning department and Model Programs work in tandem to explore the confluence of neuroscience, literacy, creativity and community—all connected through the moving body. Visit [lunadanceinstitute.org](http://lunadanceinstitute.org) to learn more.